Here is a list of items patients might need for their trip in order to make post-op days a bit more pleasant.

General items:

-Lipofoam 2-4 Sheets
-Loose Fitting clothes (with buttons in front if possible)
-Granny panties
-Pads
-Maxi dresses
-Flip flops
-Robe
-Blanket
-Mens undershirts
-Compression socks
-Robe for the recovery house
-Arnica tablets or cream for **after** surgery
-Baby wipes / Disinfectant wipes
-Vitamins especially Vit C, Folic acid and iron; Folic acid and Vit.C work best when taken together.

Wound care items;
-Antibacterial soap
-Antibiotic Ointment
-Steril gauze
-Q-tips
-Medical Paper Tape
-Alcohol prep pads or Peroxide